

The 25% M.E. Group

Support Group For The Severely Affected

Summer 2016

A Day for Understanding & Remembrance

August 8th 2016



*The Silence Challenge
for Severe M.E.*

CHARITY No. SC034265

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Severe M.E. Day 2016

As a Day of Understanding & Remembrance dawns on 8th Aug, we pay tribute to the strength of mind and spirit in adversity shown by people who are living with severe and very severe M.E.

And to one member in particular.

Step forward, Amanda Jane Hendrie.....

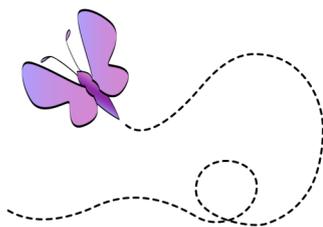


Bedbound and fed by naso gastric tube when she organised a Christmas Fayre in her local town hall In December last year, Amanda has since deteriorated and can no longer speak.

We were very sorry to hear this, and as if that is not enough for a person to live through Amanda suffered a sudden and very sad bereavement.

So it really does speak volumes for her resilience in adversity and her generosity of spirit that she retains her creativity and is still turning her attention to raising awareness - and raising funds for us.

And what better way for Amanda to raise awareness than to arrange a sponsored silence? To mark *A Day for Understanding & Remembrance* on Aug 8th Amanda's sister Katie and some of the staff who provide round the clock waking care for Amanda will be aiming to keep silent for 24 hrs.



If you have a Facebook account you can see more pictures and postings at:

<https://m.facebook.com/silencechallengeforsevereme>

Shhhhh....



Amanda and younger sister Katie,
in happier days

Katie also assisted Amanda with her last fundraising venture, a Christmas Fayre last December which raised just over £600.

So a massive 'thank you' to Amanda and Katie from all of us.

The Silence Challenge

Amanda told us:

"I thought it could have double meaning. Representing that some of us can't speak. But also that the reality is silenced."

Text message 5th July 2016

To Support this Initiative

If you have internet access, please visit:

<https://crowdfunding.justgiving.com/silencechallengeforsevereme>

or input 'silence challenge for severe me' to the search box on this site

If you do not have access to the internet, you may prefer to donate directly to the 25% ME Group

