

Dear

Severe ME Awareness Day
August 8th 2015

Home Care – Getting it Right

I write as a member of the 25% ME Group, a UK charity for people who are severely affected by the neuro-immune disorder myalgic encephalomyelitis (ME). I enclose a copy of the charity’s home care worker briefing 2015 and an article from the charity’s summer newsletter *Home Care – getting it right*.

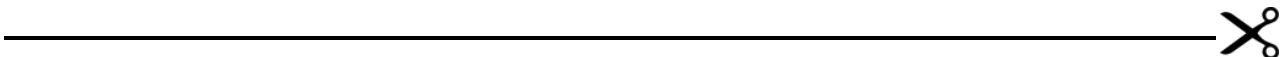
Severe M.E. - A Day for Understanding and Remembrance marks the birthday of Sophia Mirza, a young woman with severe ME who died in 2005, aged 32. At post mortem investigation Sophia was found to have dorsal root ganglionitis – inflammation of the dorsal roots of her spinal cord. Had she not died of severe ME, Sophia would have turned 42 on the 8th of August this year.

Top mark Severe ME Day 2015 we have prepared material relevant to a range of professional roles, including social service directors, health and social care commissioners and home care worker agency managers, as well as ‘hand on’ staff. We ask that you are aware of the potential seriousness of ME and commission home care appropriate to the needs of people with severe ME preserving compassion, care, and dignity as guiding principles throughout the process of care assessment, resource allocation, and care delivery - listening to and respecting people in need.

The *Home Care - getting it right* article contains two case histories, one of a person with severe ME receiving care and the other from a person providing care. The Home Care Delivery Briefing provides a wealth of practical guidance. Please circulate as appropriate within your department.

Feedback and requests for further copies are welcome, contact details for the 25% ME Group are below.

Yours sincerely,



Your Details

Your Request

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PLEASE RETURN TO: The 25% ME Group, 21 Church Street, Troon, Ayrshire KA10 6HT

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MANY THANKS