

Evidence Review J - Monitoring & Review

Review Question - What is the most clinically and cost-effective method of monitoring and reviewing people with ME/CFS?

No relevant studies were identified, neither in terms of clinical nor cost effectiveness.

As with Evidence Review E (Pre-diagnosis management strategies) the dearth of studies identified prompted a call for evidence; as with Evidence Review E, the parameters were drawn in terms which tended to preclude the identification of anything that had would not have come up on a literature search by NICE:

We are looking for trials that compare different strategies or different methods of monitoring and review. Systematic reviews, randomised controlled trials, non-randomised trials that are prospective or retrospective cohort studies will be considered for inclusion in the guideline.

And, as with the call for evidence in respect of Evidence Review E, no further material was identified.

The 25% ME Group

26th February 2021