Written Answers

Chronic Fatigue Syndrome: Exercise

Olivia Blake

To ask the Secretary of State for Health and Social Care, whether the NICE guidance on chronic fatigue syndrome/myalgic encephalomyelitis will be updated to remove graded exercise in response to the increasing numbers of patients with fatigue symptoms after a diagnosis of covid-19.

Jo Churchill

The National Institute for Health and Care Excellence (NICE) guideline on chronic fatigue syndrome/myalgic encephalomyelitis is currently being updated. All current recommendations will be subject to review. NICE plans to consult on the updated guidance in autumn this year.

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